



PeptideStacks.ca

COMMUNITY-REPORTED RESEARCH SUMMARY

AHK-Cu

50 MG and 100 MG

Preparation examples, syringe conversion, community-reported patterns and important limitations.

PRODUCT SCOPE

Live PeptideStacks variants: 50 MG and 100 MG

Prepared 7 August 2026 | Sources reviewed 2026-08-07

Educational use only - not medical advice

AHK-Cu - preparation and dose math

These are calculation examples only. The concentration assumptions below are explicit so syringe units are never separated from vial strength and diluent volume.

50 MG vial - 2 mL example

Add 2 mL bacteriostatic water

Concentration: 25 mg/mL

Each U-100 unit = 250 mcg

100 MG vial - 2 mL example

Add 2 mL bacteriostatic water

Concentration: 50 mg/mL

Each U-100 unit = 500 mcg

Conversion table

Reported amount	50 MG setup	100 MG setup
500 mcg	2 units	1 units
1 mg	4 units	2 units
2 mg	8 units	4 units
3 mg	12 units	6 units

CALCULATION CHECK

Always recalculate from the actual vial strength and diluent volume. A U-100 unit is 0.01 mL; it is not a dose by itself.

AHK-Cu - community-reported patterns

Anecdotal summary of the cited community discussions. These observations are descriptive, not a recommendation or evidence of safety or efficacy.

Recurring report	Frequency seen	Context in reports
0.5-1 mg	Daily	Lower-start reports
1-2 mg	Daily or near-daily	Hair and skin discussions
2-3 mg	Daily in some reports	Higher experimental use

What recurred across reports

- Community discussions most often centered on hair appearance, skin quality and copper-peptide research.
- The amount, frequency, route and cycle length varied substantially between reports.
- Reported outcomes were commonly confounded by diet, training, other products or existing treatment.

Important limitations

- Copper-peptide exposure and systemic copper balance require caution; online reports do not replace clinical monitoring.
- Community reports are uncontrolled anecdotes and do not establish an appropriate dose, safety, product identity, purity or efficacy.

! Important Medical Disclaimer

EDUCATIONAL INFORMATION ONLY

This document summarizes calculation examples and community discussion about AHK-Cu. It is not medical advice, a prescription, a diagnosis, a treatment plan, or a recommendation to use, inject, purchase, compound, or administer any product.

COMMUNITY REPORTS ARE NOT CLINICAL EVIDENCE

Online community posts are self-reported, uncontrolled, may be inaccurate, and cannot establish identity, purity, dosing accuracy, safety, efficacy, or causation. The ranges shown describe what was reported; they do not define an appropriate dose.

PROFESSIONAL DIRECTIONS PREVAIL

Use only under the direction of a licensed healthcare professional and qualified dispensing pharmacy. Follow the supplied concentration, diluent, storage, beyond-use date, injection technique, monitoring and individualized directions.

RECONSTITUTION AND INJECTION RISK

Incorrect concentration, syringe selection, unit conversion, handling, storage or sterile technique can cause unintended dosing, contamination, infection, abscess, tissue injury or allergic reaction.

WHEN TO SEEK URGENT CARE

Stop and seek urgent medical attention for trouble breathing, facial or throat swelling, fainting, chest pain, severe confusion, persistent vomiting, or signs of a serious injection-site infection.

SOURCE BASIS

PubMed literature search: AHK-Cu - <https://pubmed.ncbi.nlm.nih.gov/?term=AHK-Cu> - retrieved 2026-08-07