



PeptideStacks.ca

## COMMUNITY-REPORTED RESEARCH SUMMARY

# Epithalon / Epitalon

## 10, 40 and 50 MG

Preparation examples, syringe conversion, community-reported patterns and important limitations.

### PRODUCT SCOPE

**Live PeptideStacks variants: 10, 40 and 50 MG**

Prepared 7 August 2026 | Sources reviewed 2026-08-07

# Epithalon / Epitalon - preparation and dose math

These are calculation examples only. The concentration assumptions below are explicit so syringe units are never separated from vial strength and diluent volume.

## 10 MG vial - 2 mL example

**Add 2 mL bacteriostatic water**

Concentration: 5 mg/mL

Each U-100 unit = 50 mcg

## 50 MG vial - 2 mL example

**Add 2 mL bacteriostatic water**

Concentration: 25 mg/mL

Each U-100 unit = 250 mcg

## Conversion table

| Reported amount | 10 MG setup | 50 MG setup |
|-----------------|-------------|-------------|
| 2.5 mg          | 50 units    | 10 units    |
| 5 mg            | 100 units   | 20 units    |
| 10 mg           | 200 units   | 40 units    |
| 20 mg           | 400 units   | 80 units    |

### CALCULATION CHECK

Always recalculate from the actual vial strength and diluent volume. A U-100 unit is 0.01 mL; it is not a dose by itself.

# Epithalon / Epitalon - community-reported patterns

Anecdotal summary of the cited community discussions. These observations are descriptive, not a recommendation or evidence of safety or efficacy.

| Recurring report | Frequency seen            | Context in reports            |
|------------------|---------------------------|-------------------------------|
| 5 mg             | Once daily                | Lower recurring cycle reports |
| 10 mg            | Once daily for 10-20 days | Most recurring pattern        |
| 20 mg            | Daily in shorter cycles   | Higher experimental use       |

## What recurred across reports

- Community discussions most often centered on sleep, healthy-aging and longevity-oriented research.
- The amount, frequency, route and cycle length varied substantially between reports.
- Reported outcomes were commonly confounded by diet, training, other products or existing treatment.

### Important limitations

- Human evidence, product identity and long-term safety are not established for community longevity protocols.
- Community reports are uncontrolled anecdotes and do not establish an appropriate dose, safety, product identity, purity or efficacy.

# ! Important Medical Disclaimer

## EDUCATIONAL INFORMATION ONLY

This document summarizes calculation examples and community discussion about Epithalon / Epitalon. It is not medical advice, a prescription, a diagnosis, a treatment plan, or a recommendation to use, inject, purchase, compound, or administer any product.

## COMMUNITY REPORTS ARE NOT CLINICAL EVIDENCE

Online community posts are self-reported, uncontrolled, may be inaccurate, and cannot establish identity, purity, dosing accuracy, safety, efficacy, or causation. The ranges shown describe what was reported; they do not define an appropriate dose.

## PROFESSIONAL DIRECTIONS PREVAIL

Use only under the direction of a licensed healthcare professional and qualified dispensing pharmacy. Follow the supplied concentration, diluent, storage, beyond-use date, injection technique, monitoring and individualized directions.

## RECONSTITUTION AND INJECTION RISK

Incorrect concentration, syringe selection, unit conversion, handling, storage or sterile technique can cause unintended dosing, contamination, infection, abscess, tissue injury or allergic reaction.

## WHEN TO SEEK URGENT CARE

Stop and seek urgent medical attention for trouble breathing, facial or throat swelling, fainting, chest pain, severe confusion, persistent vomiting, or signs of a serious injection-site infection.

## SOURCE BASIS

PubMed literature search: Epithalon / Epitalon - <https://pubmed.ncbi.nlm.nih.gov/?term=Epithalon+%2F+Epitalon> - retrieved 2026-08-07